



CREATING A LAND ACKNOWLEDGEMENT

A sufficient Land Acknowledgement will recognize the following:

- Who we are.
- Whose land it was before, the land that we are now on.
- Acknowledgement of how it is that we are now on this land.
- Honoring and valuing the society of those who were on this land prior to us.
- Optional: Reference to our goals for being here today.
- Optional: Recognition of other history tied to this land.

To write your Land Acknowledgement, first go to <https://native-land.ca/> and explore the history of your land and second spend time learning about the indigenous people who they were. For example, Tacoma, WA shows that the Puyallup nation lived there. Further research illuminates that the *Puyallup Tribe of Indians* is the name of the reservation that many independent nation-tribes were forcibly moved onto between 1854-1856.

Most importantly, make it your own and make it authentic and genuine!

SAMPLES of Land Acknowledgements (that may or may not meet all the above criteria)

Atlanta, GA

Related to our mission today of discussing Inclusion, Equity and Empowerment for all, Diversity in Aquatics and Truclusion would like to acknowledge that the land we are meeting on today is the original homelands of the Muscogee, Catawba, Iroquois, Shawnee, Cherokee, and many other indigenous nations living within the Greater Atlanta Area. We acknowledge the painful history of genocide and forced removal from this territory, and we honor and respect the many diverse Indigenous peoples still connected to this land on which we gather.

Berkely, NJ

Related to the Berkeley Aquatic Club mission of developing student-athletes who are a credit to society, I ask that before we begin today we pause to acknowledge the long standing histories of the land that we are each on today. The lands that Berkeley Aquatic Center and most of northern NJ originally were the lands of the Munsee Lenape peoples. These people have lived on our places for many thousands of years, had a thriving society and a series of communities that lived here already; and continue to still live here.

Pacific Swimming LSC (Greater San Fransisco Bay area and into Reno, NV)

Related to our mission of fostering an inclusive environment at all levels of the sport of competitive swimming, we would like to acknowledge that the land we refer to as Pacific Swimming is the original homelands of the Tolowa Dee-ni', Chit-dee-ni, Karuk, Yurok, Rumsen, Salinah, Esselen, Patwin, Nisenan, Yokuts, Washoe, Sinkyone, Awaswas, Popeloutchom, Wappo, Karkin, Pomo, Mattole, Nongati, Lassik, Yukian, Yuki, Wailaki, Cahto, Whilkut, Tsnungwe, Hoopa, Chilula, Wiyot, Nongaitl, Graton Rancheria, Karkin, Milwok, Muwekma, Ohlone, Chochenyo, and Ramaytush people. We acknowledge the painful history of genocide, coerced removal and stripping of rights; and we honor and respect the many diverse aboriginal people still connected to this land within which we call Pacific Swimming.

We further acknowledge our history of racism and forced exile of non-indigenous people connected to this land.

Tacoma, WA (A)

Related to our mission of developing mindfulness of impacts, Truclusion would like to acknowledge that the land we are meeting on today is the original homelands of the Nisqually, S'Puyalupubsh, Steilacoom, Squawskin, Sqababsh, Stehchass, T'Peeksin, Squi-aitl, Sa-heh-wamish, Puyallup, Muckleshoot and Cowlitz nations, and many other indigenous nations living within and near the Salish Sea. We acknowledge the painful history of genocide and forced removal from this territory, and we honor and respect the many diverse Indigenous peoples still connected to this land on which we gather. We further acknowledge our racism and forced exile of non-indigenous people that starting in the mid-nineteenth century.

Tacoma, WA (B)

I ask that before we begin today we pause to acknowledge the long standing histories of the land that we are on today, and specifically that of the Coast Salish Peoples, and including the Puyallup Tribe of Indians. Pierce County is the land where The Medicine Creek Treaty of 1854 was signed. This document was signed by a number of Coast Salish tribes, and was an agreement made by Washington's first Territorial Governor Isaac Stevens. Shortly after this gathering and signing, the New Territory of Washington broke these agreements with the Coast Salish people. This broken agreement is one that we all now benefit from. The Coast Salish people have lived here for many thousands of years, and before the creation of Pierce County and Tacoma there was a thriving society here and a series of communities that lived here already; and continue to still live here. I would like to acknowledge that we are on this land, and honor with gratitude the Puyallup, Duwamish and Coast Salish people. (This Land Acknowledgement is credited to Ashley Mocerro Powell.)